

Freechild Institute for Youth Engagement



BIBLIOGRAPHY BY TOPIC

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INTRODUCTION

August 2018 (Olympia, Washington)—The Freechild Institute believes that social change led by and with young people happens in dozens of ways in literally thousands of communities across the US and around the world. This bibliography is a collection of the most relevant articles, guides, books, and other publications we have found to support our belief.

Key terms that are relevant to the Freechild Institute include...

- Adult ally
- Adulthood
- Adultcentrism
- Activist learning
- Belonging
- Community youth development
- Community youth involvement
- Critical perspectives
- Ephebiphobia
- Participatory action research
- Purpose
- Service learning
- Youth action
- Youth/adult partnerships
- Youth empowerment
- Youth engagement
- Youth governance
- Youth involvement
- Youth-driven
- Youth-led
- Youth participation
- Youth philanthropy
- Youth planning
- Youth rights
- Youth voice

1. BIBLIOGRAPHY ON ADULTISM

Adultism is bias towards adults, which is often considered discrimination against youth. It is also society's addiction to adults, including our attitudes, behaviors, beliefs and activities. The literature in this area is meager at best, and doesn't explore the topic in-depth beyond assumptions, assertions and beliefs. However, it establishes a cultural, personal and structural basis for assessing the issue. Following is some of the literature that has informed the Freechild Institute's work in this area.

Publications

1. "Constitutional Suffrage for Women" by W. S. Harwood in *The North American Review* 162; 474 (May, 1896), pp. 632-634. Retrieved August 2018 from https://www.jstor.org/stable/25118648?seq=2#page_scan_tab_contents

This is the first article in which "adultism" was coined. The author, making the claim that adults are uniquely situated to vote because of their age, suggests children are not able because they haven't experienced adultism, which is roughly defined here as the process of becoming an adult.

2. "Adultism the rock of offense" by Patterson DuBois in *Kindergarten Review*, Vol. 11, pp. 261-264. (January 1901). Retrieved August 2018 at <https://goo.gl/sjzwJv>

The oldest reference to adultism available, this chapter explores historical and contemporary understandings of adultism, which is described as an affliction resulting in acting like adults. John Dewey's theory of children learning through political perspectives is examined in-depth, with the author ultimately scorning any attempt to treat children other than static, demarcated creatures who need to play with toys and have fun.

3. "Adultism" by Jack Flasher in *Adolescence* (1978).

Psychologist Jack Flasher is generally credited with first using the term in this sense in a 1978 journal article. Although not widely accepted, the concept of adultism has received attention in the children's rights movement, within critical psychology, throughout youth development and in education. This is the foundational paper that establishes *adultism* as the abuse of the power adults have over children. Parents, teachers, psychotherapists, the clergy,

police, judges, and juries are all guilty of the belief children are inferior to them. Through excessive nurturing, possessiveness, and overrestrictiveness, adultism is consciously or unconsciously geared toward excessive control of the child.

4. "The New Demons: Ordinary Teens" by Mike Males in the *LA Times*, April 21, 2002. Retrieved August 2018 from articles.latimes.com/2002/apr/21/opinion/op-males

The author of this article is a sociologist who has published several books outlining the statistical realities facing youth in the 1990s: They weren't as violent, distraught, at-risk or incapable as adults made them out to be.

5. "Understanding Adultism: A Key to Developing Positive Youth-Adult Relationships" by John Bell (1995). Retrieved August 2018 from http://www.nuatic.org/articles/pdf/understanding_adultism.pdf

An outstanding article that explores adultism, including what it looks like, its implications, activities, and impacts on society.

6. "The Politics of Paternalism: Adult and Youth Perspectives on Youth Voice in Public Policy" by Jerusha Osberg Conner, Nathan C. Ober and Amanda S. Brown in *Teachers College Record* (2016).

Studying the implementation of a local youth council, the authors researched the practice and outcomes of adultism in one city. Developing a theoretical framework of adultism to guide the analysis, they used open and axial coding, memo writing, and the construction of matrices and charts to track emergent patterns. Among their findings, they identify a "roller coaster of adultism" and reveal how adultism interacts with specific structures and realities in policy-making.

7. "The 'Harper's Index' of Myths About American Teens" by Mike Males (2001). Retrieved August 2018 from <http://home.earthlink.net/~mmales/Harpers.txt>

This is a MUST-READ for any adult who is serious about debunking myths about modern teenagers. Includes startlingly reaffirming statistics about teen drinking, violence, and more.

8. "Treating Children as Equals" by Jody Wright in *New Renaissance* magazine Vol. 8, No. 3. Retrieved August 2018 from www.soaw.org/resources/anti-opp-resources/113-age/632

In this article the author details how parents are complicit in adultism and how we can fight adultism at home.

9. "Critical Pedagogy, Democratic Praxis, and Adultism" by Toby Rollo, J. Cynthia McDermott, Richard Kahn and Fred Chapel. Retrieved August 2018 at <https://goo.gl/mRWZnR>

This article is the most thorough critical examination of adultism I've ever seen. From a social justice lens, the authors explore the roles of adultism in several educational settings, including the popular Foxfire program, the Highlander Center, and specifically anti-adultist PAR.

10. "Age bias for young and old through the years" in *Canberra Times*. (2005).
11. *Adultism in Architecture. Are Children Being Discriminated Against by our Urban Surroundings?* By Anna Jens for *GRIN Verlag*, (2015).

This paper exposes how adultism—discrimination against youth—is apparent in the built environment as well as psychological dispositions.

12. "Section 1.3.1: Adultism and Protective Exclusion in Childhood" by Murli Desai in *A Rights-Based Preventative Approach for Psychosocial Well-being in Childhood* for Springer (2010). Retrieved August 2018 at <https://goo.gl/6Dza1E>

This chapter and the subsequent text examines a sociological understanding of adultism, and apparently makes a case for its extension and rationalizes its usage throughout society.

13. "Adultism and childism" in *Philosophy and Education: An introduction to key questions and themes* by Joanna Haynes, Ken Gale and Melanie Parker (2002). Retrieved August 2018 at <https://goo.gl/PvuKky>

This short section reviews historic and current literature to explore adultism while co-relating it to "childism."

14. *Kids & Guns: How Politicians, Experts, and the Press Fabricate Fear of Youth* by Mike Males (2004). Retrieved August 2018 at <http://home.earthlink.net/~mmales/contents.htm>

Imagine if national news agencies endlessly featured every child murdered at home by parents, every enraged midlife middle-class gun massacre. Inconceivable. "Kids and guns" is not the problem, but a diversion by a

complacent, established America that propagates demographic myths about age and race, culture-war trivialities, and sensational scapegoating to avoid facing its own violence.

15. "Adults Just Don't Understand: Checking Out Our Everyday Adulthood" by Kel Krey for everydayfeminism.com. Retrieved August 2018 at <https://everydayfeminism.com/2015/02/everyday-adulthood/>

A good summary of adulthood.

16. *Childism: Confronting Prejudice Against Children* by Elisabeth Young-Bruhl for Yale University Press (2012).

Describing a vast discrimination against children worldwide, the author argues the human rights of children are constantly violated by childism. This is a neologism coined by the author, and the book was well-received.

17. "Adulthood: Discrimination by another name" by Tamara Stewart in *The 21st-century Black Librarian in America: Issues and Challenges* edited by Andrew P. Jackson, Julius Jefferson Jr. and Akilah Nosakhere for Scarecrow Press.

This chapter examines adulthood from a racial and place-specific lens, looking at African American youth in libraries. It's a fascinatingly pointed perspective, offering learning on the unique applications and implications of adulthood in a specific place.

18. "Unlearning adulthood at Green Shoots: a reflexive ethnographic analysis of age inequality within an environmental education programme" by Donovan Ceaser in *Journal Ethnography and Education* (2014).

The author examines their own experience as a teacher in a social and environmental justice program for the appearance, affects and outcomes of adulthood.

19. "What Does 'Equality' Mean For Children In Relation To Adults?" by Harry Shier CESESMA for Queen's University (2012) 2012. Retrieved August 2018 from www.harryshier.net/docs/Shier-What_Does_Equality_Mean_for_Children.pdf

20. "Insist or Enlist? Adulthood Versus Climates of Excellence" by Thomas Tate, Thomas and Randall Copas for *Reclaiming Children and Youth* (2003). <https://search.proquest.com/openview/9f8b81b4ce485783fb7279a0843a90c3/1?pq-origsite=gscholar&cbl=33810>

21. "Ageism and adultism curriculum design" by Barbara J. Love and Kathleen J. Phillips in *Teaching for Diversity and Social Justice*, edited by Maurianne Adams, Lee Anne Bell and Pat Griffin. (2007)

This chapter explores what adultism is, what it does and why it matters in educational settings. The authors share activities for teaching about adultism and identify the possibilities of educating others about adultism.

22. "Understanding Adultism and Adult Privilege: An Essential Step Towards Honouring Children and Young People" by Bob Pease for The Tasmanian Children's Commission Forum (2015). Retrieved August 2018 at <http://www.childcomm.tas.gov.au/wp-content/uploads/2015/08/Understanding-Adultism-and-Adult-Privilege-Seminar.ppt>

This is a powerpoint presentation on adultism outlines what it is, highlighting intersectionality and other current concerns.

23. "The nonadultist adult" in *Philosophy of Childhood Today: Exploring the Boundaries* edited by Brock Bahler and David Kennedy for Lexington Books (2016).

This chapter explores the roles, activities and outcomes of adults who are committed to not perpetuating adultism.

24. "Module 9 Critical Theories of Deconstruction of Problems in Childhood" by Murli Desai in *Introduction to Rights-based Direct Practice with Children* for SpringerLink (2018).

2. BIBLIOGRAPHY ON ADULT ALLIES

Starting with Barry Checkoway's seminal work, *Adults as Allies* published in 1991, the literature in this area has continued to grow. From Todd Gitlin's 2003 attempt at acknowledging today's youth movement and ongoing work by the Kellogg Foundation's Community Leadership program, the literature is sure to grow. Here is some of literature about adult allies that has informed the Freechild Institute.

Publications

1. *Adults As Allies* by Barry Checkoway for W.K. Kellogg Foundation (1995)
Retrieved from August 2018 from <https://digitalcommons.unomaha.edu/sleepartnerships/38/>

This is a MUST-READ for adults who hope to strengthen their work WITH young people. Adults who are, or want to become, allies of young people in their quest for prompting social change. This publication's purpose is to increase awareness, pose questions, and increase intergenerational interaction. Adults who read it should come away with the idea that youth are valuable resources who can serve as assets in the community.

2. *Get the Word Out!* by Karen Young and Jenny Sazama for Youth On Board (2000)

As adults, how do you help young people find their power? This booklet deals with the importance of young people taking on powerful positions in our organizations, with training exercises that will help groups think about the issues.

3. "Youth-Adult Partnerships Tip Sheet" by Freechild Institute (2010). Retrieved August 2018 from <https://freechild.org/yaptips/>

A basic information guide to creating and sustaining young people & adults working together.

4. *Listening to Young People* by Jenny Sazama and Karen Young for Youth On Board (2001) Retrieved August 2018 from <http://buildingpublicunderstanding.org/assets/files/engage/listeningtoyoungpeople.pdf>

Listening can be used quite effectively in our work with young people. If adults can learn to listen to young people with the understanding that, given enough attention and encouragement, they truly have the best answers, we can help them make permanent changes in their lives.

5. “Building Effective Youth-Adult Partnerships” by Jane Norman for *Transitions: The Rights. Respect. Responsibility Campaign* Volume 14, No. 1, October 2001. Retrieved August 2018 from www.advocatesforyouth.org/publications/publications-a-z/672-building-effective-youth-adult-partnerships
6. “Letters to a Young Activist: A Review” by Kari Kunst for The Freechild Project. Retrieved August 2018 from <https://freechild.org/a-review-of-letters-to-a-young-activist/>

A young activist responds to a book written by a popular youth activist from the 1960s, providing needed reflection and insight on youth activism today.

7. “Are Youth At-Risk?” by Kirk Astroth for *Journal of Extension* Fall 1993 Volume 31, Number 3. Retrieved August 2018 from <https://www.joe.org/joe/1993fall/a6.php>

In the article a 4-H cooperative extension agent expounds on the failures of youth involvement initiatives throughout the US.

8. “Adults as allies to young people striving for social justice” by Barry Checkoway for *Youth Programs: New directions* (2017) , pp. 93-99

Strategies for preparing adult allies to engage with diverse youth are identified, emphasizing work in downtown Detroit. Explores lessons learned and best practices based in empirical evidence.

9. *Working Shoulder to Shoulder: Stories and Strategies of Youth-Adult Partnerships That Succeed* By Deborah Fisher for Search Institute (2004)

Practical advice for adults to connect with teens, and to connect teens with other responsible and supportive adults.

10. “Youth-Adult Partnerships” by Kenneth R. Jones. & Daniel F. Perkins in *Encyclopedia of Applied Developmental Science* edited by Fisher, C. and Lerner, R. M. (2007)

Provides an interesting continuum to measure the relationship between young people and adults by echoing Hart's Ladder.

11. "Youth Consultants for Change" by Karen Pittman for *Youth Today*. (May 2003) Retrieved August 2018 from forumfyi.org/content/youth-today-youth-cons

This article details the work of Community Impact! in involving youth in changing communities.

12. "Becoming Adult Allies for Youth Blanton" by Eileen Blanton for Fellowship, Vol. 55, Iss. 10-11, (Oct 1989)

A nice exploration of new ways for youth and adults to interact via a specific example from the 1980s.

13. *Younger Voices, Stronger Choices: Promise Projects Guide to Forming Youth/Adult Partnerships* by Loring Leifer and Michael McLarney (1997)

"Involving young people in decisions is a way of showing respect, of saying their opinions and ideas count. To accomplish this, both youths and adults will need adequate preparation and training." This book details what both youth and older adults must do to make a partnership work.

14. *Youth/Adult Partnerships: A Training Manual* by Innovation Center for Community and Youth Development (2003)

The basics of engaging youth and adults together, including the nuts and bolts of everyday activities.

15. *Tips from Young People on Good Youth/Adult Relationships* by Jenny Sazama for Youth On Board (1999)

Designed to help adults think about relationships with young people. It includes a collection from more than 500 interviews with young people worldwide. Hear from young people about what they want adults to know about being their allies.

16. *Leading a Youth Worker Resource Group* by Jenny Sazama for Youth On Board (1999)

A youth worker resource group is a structured meeting of people who work with youth and who listen and talk about things that matter to young people.

Through the process of listening and sharing ideas, people can appreciate each other's work, learn from each other's struggles, and receive encouragement and reliable information about their work, their lives, and accomplishing their goals. By Youth on Board.

17. *Listening to Young People* by Jenny Sazama for Youth On Board (1999)

Listening can be used quite effectively in our work with young people. If adults can learn to listen to young people with the understanding that, given enough attention and encouragement, they truly have the best answers, we can help them make permanent changes in their lives. By Youth on Board.

18. *Understanding and Supporting Young People* by Jenny Sazama for Youth On Board (1999)

To be effective, adults need to analyze their own youthful experiences. This booklet is a hands-on policy statement for adults to work against young people's oppression and its effects, and can be used as an outline for how adults can better work with young people.

19. *15 Points: Successfully Involving Youth in Decision Making* by Jenny Sazama, Karen Young and Adam Fletcher for Youth On Board (2007)

Young people should be involved in the decisions that affect their lives. They benefit. Organizations benefit. And so does the community. If you are under 21 and want to learn how to become involved in positions of power, or you are already working with young people and want to do so more effectively, *15 Points... is for you*. This comprehensive guide includes guidelines, worksheets, tips, a resource directory, and stories from the street--all designed to help young people and adults build effective relationships in order to work together in improve their communities.

20. *Creating Youth/Adult Partnerships: Training Curricula for Youth, Adults and Youth-Adult Teams* by Innovation Center for Community and Youth Development / National 4-H Council. Retrieved August 2018 at <http://www.theinnovationcenter.org/files/CreatingYouth-AdultPartnerships.pdf>

For those just beginning to explore youth-adult partnerships as a strategy for community and organization building, this book offers a step-by-step tools to prepare youth and adults to work as a team. Designed with even the most novice trainer in mind, this 6 - 8 hour curriculum leads youth and adults

through activities to challenge preconceptions, explore benefits, assess readiness and build trust to strengthen their work in partnership.

3. BIBLIOGRAPHY ON YOUTH ACTION

These are published tools that have informed the Freechild Institute on the issue of youth action. They were made for young people, community workers, classroom teachers, organizers, and others who want to promote youth activism, social awareness, social change, and more.

Publications

1. *Youth Activism: An International Encyclopedia*, edited by Lonnie R. Sherrod for Greenwood Publishing Group (2006).

This publication summarizes hundreds of examples of youth activism in the first-ever encyclopedia of the work. I consider this work a reflection of my efforts with The Freechild Project.

2. “Taking stock of youth organizing: An interdisciplinary perspective” by Brian D. Christens and Ben Kirshner for *New Directions for Child and Adolescent Development* (2011).

Using case studies to identify keys to youth organizing, the authors name relationship development, popular education, social action, and participatory research and evaluation as elemental factors. They also feature promising future directions for research and practice.

3. *Beyond Resistance! Youth Activism and Community Change: New Democratic Possibilities for Practice and Policy for America's Youth* was edited By Pedro Noguera, Julio Cammarota and Shawn Ginwright for Routledge (2006).

This book is a collection of essays by youth scholars who explore educational, social and political activities focused on youth development, and propose responsive youth policies and more at the local, state and national levels.

4. “Rethinking Youth Political Socialization Teenage Activists Talk Back” by Hava Gordon and Jessica Taft in *Youth & Society* 43(4):1499-1527 · December 2011.

This research-based article examines the roles of youth activists in society, and youth perspectives about their own roles. The researchers hold conversations and study youth perspectives.

5. *Youth Voice: A Guide for Engaging Youth in Leadership and Decision-Making in Service-Learning Programs* by Jonna Justiniano and Cynthia Scherer for The Points of Light Foundation (2001)

The purpose of this guide is to provide service learning practitioners with basic information on youth voice - how to engage youth in leadership and decision-making in programs. This guide highlights what youth voice is, why it is important and models of youth voice that have been implemented by service learning practitioners.

6. "The emergence of a youth justice movement in the United States" by Mark Warren and Luke Kupscznk in *Contemporary Youth Activism: Advancing Social Justice in the United States: Advancing Social Justice in the United States* by Jerusha Conner, Sonia M. Rosen for ABC-CLIO (2016).

This chapter explores a collection of broad-reaching examples to conclude that beyond any single identity organizing going on in the US today, there is a wide youth movement showing results and raising awareness.

7. *Take Action! A Guide to Active Citizenship* by M. Keilburger and C. Keilburger.

An easy-to-use guide that provides young people with a readily-accessible plan for action. Includes 7 steps to get involved, and a large "how-to" section for new activists.

8. *Youth and Adults Working Together Integrating Youth Voice and Leadership into Programs* by Youth Service America (2014) Retrieved August 2018 from <https://ysa.ispringcloud.com/acc/Yvsm3YAxMzg5MA/s/13890-a7cYg-PtLDf-hcHo2>

9. *The Kid's Guide to Social Action* by Barbara A. Lewis for Free Spirit Publishing (1998).

This is the first book of its kind to give a hopeful, energetic picture of young people taking action for social change. Features 10 steps for kids to take action, a long list of issues young people are addressing, and important how-to's.

10. *Youth!: The 26% Solution* by Wendy Lesko for Information USA (1998).

This easy-to-read book provides a broad overview of young people taking action around the US in a variety of areas, and includes resources, tips, and stories to motivate action.

11. *Equal Partners: Organizing "For Youth by Youth" Events* by United Nations Office for Drug Control and Crime Prevention. Retrieved August 2018 from https://www.unodc.org/pdf/youthnet/equal_partners_english.pdf

Today's young people are in a unique situation. Organizations, governments, and the population at large are recognizing that it's absolutely vital to involve them in planning and organizing events and projects for young people. They are taking notice of not only what young people have to say, but of their awesome capabilities too. It can be challenging for adults to work side by side with young people. Young people are often unfamiliar with adult work settings, structures, and systems, which adults often manage easily, without thinking. While it's true that young people lack the experience to fully comprehend the adult world, it's also true that adults do not understand young people as they understand themselves. This guide is intended to support what, for many adults, will be a new way of working with youth. It will also assist young people in developing and running youth-focused events.

12. *Children's Participation: from tokenism to citizenship. Innocenti Essays No. 4.* by Roger Hart for the UNICEF International Child Development Centre. Retrieved August 2018 from https://www.unicef-irc.org/publications/pdf/childrens_participation.pdf

13. "The Declaration of Accountability on the Ethical Engagement of Young People and Adults in Canadian Organizations" by First Nations Child and Family Caring Society of Canada. Retrieved August 2018 at <https://fncaringsociety.com/child-and-youth-engagement-guidelines-ethical-engagement-young-people>

This document shares a wide-ranging perspective of youth involvement, calling for organizations and communities to see beyond past activities and to identify and practice powerful ethical approaches to engaging youth. Despite the reference to Canadian organizations, this document is useful communities around the world.

14. *Engaging Youth in Community Change* by the Annie E. Casey Foundation and the Center for the Study of Social Policy (2005). Retrieved August 2018 at www.racialequitytools.org/resourcefiles/aecf3.pdf

15. *Strengthening Child-Led Organizations* for United Nations Special Session on Children, Save the Children and Girl Guides (2002).

This report highlights how child-led organizations and children's movements have been able to promote participation, self-advocacy and representation.

4. BIBLIOGRAPHY ON YOUTH ON BOARDS AND COMMITTEES

These are articles, publications, guides, reports and more that support youth engagement on organizational and community boards and committees, and that have influence the Freechild Institute. They provide an essential understanding of what is happening, how it happens, who is involved and what happens because of these actions.

Publications

1. *Like Now: Changing the Future with Youth Advisory Boards* by the Ewing Marion Kauffman Foundation's Youth Advisory Board.

This publication describes why the Foundation started a youth board and what they've learned in the process. It offers helpful hints about how to organize a youth board and get youth effectively involved in their communities.

2. *The Power of an Untapped Resource: Exploring Youth Representation on Your Board or Committee* by Youth Adult Partnerships Project. (2001). Retrieved August 2018 at http://labor.alaska.gov/awib/Untapped_Resource.pdf

Written by local youth, this book lists basic criteria for creating an effective board that includes youth representation, including how to prepare boards for youth involvement; create a position; choose representatives; address legal issues; recruit youth; and educate youth members. It also includes an organizational checklist for adults and youth.

3. *Future Shapers: Children, Young People, and Planning in New Zealand Local Government* by Claire Freeman and Elizabeth Aitken-Rose (2005).

Examining the breadth and practices involved in youth planning in N.Z., this article provides essential information.

4. *Moving Young People From Participants To Decision Makers* by Youth Outreach, Points Of Light Foundation.

This is a training manual that isn't available anymore.

5. *Your Guide to Youth Board Involvement and the Law* by Youth on Board.

6. *Youth Planning Manual* by Youth for the City of Portland, Oregon (2012). Retrieved August 2018 from <https://www.portlandoregon.gov/bps/article/436057>

This manual was written by youth and features youth art, intending to teach adults why, how, where, and when youth involvement should happen throughout the city. It's a tremendous tool.

5. BIBLIOGRAPHY ON COMMUNITY YOUTH INVOLVEMENT

These publications have informed Freechild Institute's work on youth voice, youth involvement, youth participation, youth-centered programs, community youth development, meaningful youth engagement, youth civic engagement, child-friendly communities.

Publications

1. "Small Towns, Big Dreams: In Dying Rural Economies, Youth Efforts Infuse New Hope and Money" by What Kids Can Do (2006). Retrieved August 2018 at [http:// whatkidscando.org/archives/featurestories/SmallTowns.pdf](http://whatkidscando.org/archives/featurestories/SmallTowns.pdf)

Details how young people in rural areas across the country are central to the revitalization of their communities. "Young people can change the way a whole town operates. Let me tell you, it's a breath of fresh air." Elsa, Texas; Howard, South Dakota and; Lubec, Maine are explored. Includes statistical data.

2. *Building Community: A Tool Kit for Youth and Adults in Charting Assets and Creating Change* by Innovation Center for Community and Youth Development (2001). Retrieved August 2018 from <https://digitalcommons.unomaha.edu/cgi/viewcontent.cgi?article=1038&context=slcepartnerships>

This publication makes it possible for individuals and groups everywhere to bring an inclusive, asset-based approach to creating positive change in their community. Filled with detailed information and case studies, it gives users what they need to create youth adult partnerships and lasting community development.

3. *Children's Participation: The Theory and Practice of Involving Young Citizens in Community Development and Environmental Care* by Roger Hart.

In this book Hart details his conviction that all children can play a central and lasting role in sustainable development if their genuine participation is taken seriously and if communities recognize their developing competencies and unique strengths. This guide introduces the organizing principles, successful models, practical techniques and resources for involving children in environmental projects, with useful further reading and contact addresses.

4. *Promoting Children's Participation in Democratic Decision-Making* by Gerison Lansdown for UNICEF (2001). Retrieved August 2018 at <https://www.unicef-irc.org/publications/pdf/insight6.pdf>

Makes the case for a commitment to respecting children's rights to be heard and the need to consolidate and learn from existing practice. It draws on much of the already published research and thinking in the field and on a wide range of international initiatives. In so doing, it seeks to provide practical guidance on the lessons learned to date in working with children as partners. It is a contribution to the development of tools for those who see children's rights to be heard as a means of promoting and protecting their other rights.

5. *Promoting Strategic Adolescent Participation* by Rakesh Rajani for Save The Children (2010). Retrieved August 2018 at <https://resourcecentre.savethechildren.net/node/1770/pdf/1770.pdf>

With the belief that involving youth deliberately is a key to national and international community development, this paper proposes youth involvement is better than problem-focused action. This paper highlights the theoretical and conceptual basis for effective youth involvement, and then focuses on the program and strategic aspects of promoting effective adolescent development.

6. *Protagonism: A Journey in Children's Participation* by Nandana Reddy and Kavita Ratna for Vimanapura, The Concerned for Working Children (2002).

Brings experiences and perceptions related to children's participation that have been gathered previously to highlight principles and tools that would further the pedagogy and praxis of children's participation.

7. *Child Participation: Challenges of Empowerment* by R. Wanduragala, J. Stiglitz, and L. Squire for World Vision UK.

Focused on how young people-serving organizations can best facilitate meaningful child and youth involvement. With articles from a legal and practical perspective, it looks at the right to freedom of expression within the framework of the Convention on the Rights of the Child, then the wider implications of child participation from various perspectives. National case laws and international law is addressed here, and then there are contributions from young people in Europe, Philippines, Cambodia and Tanzania.

8. *Youth Involvement for Community, Institution and Youth Development: Directions for Research, Evaluation and Practice* by Matthew Calvert, Shep

Zeldin and Amy Weisenbach for the Innovation Center for Community and Youth Development (2002).

9. “Scaffolded Participation of Children: Perspectives from India” by Anita Rampal for *International Journal of Children’s Rights* 16 (2008) 313–325. Retrieved August 2018 at https://www.academia.edu/3981768/Scaffolded_Participation_of_Children_Perspectives_from_India

Examining implementations in India, this paper reveals the tools and approaches necessary to foster children’s participation in educational activities throughout communities. It reveals best practices and identifies areas for growth.

10. *Child-to-Child: A Practical Guide Empowering Children as Active Citizens* by Sara Gibbs, Gillian Mann, and Nicola Mathers for the Child-to-Child Trust. Retrieved August 2018 from <https://resourcecentre.savethechildren.net/node/2589/pdf/2589.pdf>

Highlights a proven process for working with children ages 9-15 on projects that are child-initiated and child-led. It is an illustrated, easy-to-read resource for parents and practitioners in schools and community groups. Including sections on group work, choosing issues, researching, taking action, and evaluation, each section also includes games and experiential learning activities. There are also lists of readings, additional resources, and sample lesson plans.

11. *Stepping Forward: Children and Young People's Participation in the Development Process* by Victoria Johnson, Evan Ivan-Smith, Gill Gordon, Pridmore Pat, and Scott Patta (1997).

Drawing on a paper presented at an international workshop on children's participation held in 1997, this paper presents key issues and challenges facing those facilitating children's and young people's participation. Issues include the ethical dilemmas of children's participation; the process and methods; cultural awareness; institutional considerations; and the key qualities of a participation program for child and young people's participation.

12. *Youth Involvement: Developing Leaders And Strengthening Communities* by Bruce Swinehart for the United States Department of Housing and Urban Development Office of Public and Indian Housing (1991)

13. *Youth Issues, Youth Voices: A Guide For Engaging Youth And Adults In Public Dialogue And Problem Solving* by Sarah Campbell (1996). Retrieved August 2018 from <https://www.everyday-democracy.org/resources/youth-issues-youth-voices-guide-engaging-youth-and-adults-public-dialogue-and-problem#download>

A discussion guide for youth and adults to talk about youth issues and brainstorm solutions.

14. *Guide For The Powerless And Those Who Don't Know Their Own Power: A Primer On The American Political Process* by Samuel Halperin for the American Youth Policy Forum. Retrieved August 2018 at <http://www.caalusa.org/guidetopowerless.pdf>
15. *Young People Creating Community Change* by Barry Checkoway for the W.K. Kellogg Foundation. Retrieved August 2018 at http://wupcenter.mtu.edu/education/lake_superior_symposium/content/Young_People_Creating_Community_Change.pdf
16. "Engaging Youth for Community Change: The key role of young people in creating Nashville's Youth Master Plan." by Ready by 21 for the Forum for Youth Investment. Retrieved August 2018 at www.readyby21.org/sites/default/files/Nashville_Engaging_Youth_for_Community_Change_Nov12.pdf
17. "Public Libraries as Partners in Youth Development: Lessons and Voices from the Field," by Nicole Yohalem and Karen Pittman for the Forum for Youth Investment (2003)

Starting in 1996, several libraries nationwide successfully increased their youth participation through after-school programs, mentoring, youth employment, community service and more. This article illustrates how.

18. *Improving Your Community—DIY Toolkit: Improving your community — getting children and young people involved* by Save the Children UK (2005)

Aimed at adults, this guide sets out a process that includes consulting young people about their views, understanding their rights, supporting them to put their ideas into action, and working alongside others to bring about real change.

19. “Bridging generations: Applying ‘adult; leadership theories to youth leadership development” by Carole A. MacNeil for *New Directions for Youth Development* (2006).

The author of this article examined traditional adult leadership development research and examined correlations to the minimal information available on youth leadership through adult leadership programs. She then recommended ways one can benefit the other, and applications for action.

20. *Learning to Listen Core Principles for the Involvement of Children and Young People* by the Children and Young Peoples' Unit (2001). Retrieved August 2018 at <https://www.lemosandcrane.co.uk/dev/resources/CYPU%20-%20Learning%20to%20listen.pdf>

The purpose of this guidance is to introduce the core principles on which this work should be based; to provide departments with some early advice and background and with signposts to additional help, so that government departments can develop effective plans and to let departments know the broad timetable for action.

6. BIBLIOGRAPHY ON YOUTH IN GOVERNMENT

Strategic involvement for children and youth in government agencies and by elected officials requires deliberation, knowledge and tools. Following are articles, guides and other information related to the topic that have helped drive Freechild Institute.

Publications

1. Making Commitments Matter: A Toolkit for young people to evaluate national youth policy from the United Nations (2004). Retrieved August 2018 from <http://www.un.org/esa/socdev/unyin/documents/toolkit.pdf>

The Toolkit offers youth a starting point for determining what has been done to better the lives of young people since 1995. Take a look at this practical resource and put it to use in your community.

2. IOG Policy Brief No. 5: Youth Involvement in Policy-Making - By Elder C. Marques for the Institute on Governance (1999). Retrieved August 2018 from <https://www.files.ethz.ch/isn/103081/policybrief5.pdf>

Critically analyzes recent legislative reforms in the Canadian province of Ontario aimed at permitting greater student input into education policy-making. Proposes ways to strengthen the reforms.

3. Re-focusing the Lens: Assessing the Challenge of Youth Involvement in Public Policy by Phillip Haid, Elder C. Marques and Jon Brown for the Institute on Governance (1998). Retrieved August 2018 from <http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.129.2867&rep=rep1&type=pdf>

Exploration of successful models of youth participation in policy development; also identifies barriers to meaningful youth involvement in the policy process. Based on case studies.

4. Involving youth in public policy by S. Clayton, J. Bolcoa, B. Loots, and C. Lee for The California Adolescent Health Collaborative (2004).

40 organizations were interviewed about the variety of approaches they take to involving youth in public policy.

5. **Building Effective Youth Councils: A Practical Guide to Engaging Youth in Policy Making** by S. Martin, Karen Pittman, Thaddeus Ferber, and A. McMahon for The Forum for Youth Investment. Retrieved August 2018 at forumfyi.org/files/Building%20Effective%20Youth%20Final.pdf
6. **Youth and the Millennium Development Goals (MDGs): Challenges and Opportunities for Implementation** by Amir Farmanes et al. for United Nations Department of Economic and Social Affairs (2005). Retrieved August 2018 at <https://mpr.aub.uni-muenchen.de/14434/>

This paper discusses the implications of MDG implementation for young people. It provides an overview and examples of youth participation in MDG review and implementation.

7. **“Citizenship Knows No Age: Children’s participation in the governance and municipal budget of Barra Mansa, Brazil”** by Eliana Guerra in *Children, Youth and Environments*, 15(2) (2002). Retrieved August 2018 at <https://pdfs.semanticscholar.org/d6ce/68bb9e15f9093a6f086771eb5fb3954c5ff0.pdf>

This paper describes the development of a children’s participatory budget council in the city of Barra Mansa in Brazil. It provides information on the process and its impact and describes how children learned to represent their peers, prioritize resources and develop projects in the city’s democratic structures.

8. **“Children’s Involvement in the Making of a New Constitution in Brazil”** by Irene Rizzini and Steven J. Klees in *Rethinking Childhood: Perspectives on children’s rights*, *Cultural Survival Quarterly*, Issue 24.2 (2000).

This paper outlines the evolution of the child rights movement in Brazil, with special attention to children’s participation in that process. Brazil’s strong child protection legislation marks a significant change in the place of children and adolescents in Brazilian society. The article traces the move from a focus on the correction and control of juvenile delinquency to the provision of social assistance to needy children, to an emphasis on the rights of children and on special protection to safeguard those rights.

9. **“Consulting About Consulting: Young people’s views of consultation”** by Richard C. Woolfson in *Educational Psychology in Practice theory, research and practice in educational psychology*, Volume 22, Issue 4 (2006)

Young people share their ideas about consulting youth, emphasizing the need for customized approaches and personalized outcomes.

10. Reaction Consultation Toolkit: A practical toolkit for consulting with children and young people on policy issues by Sarah Madden for Save the Children (2001). Retrieved 2018 at

This toolkit was written for professionals working with children, policy makers, children and youth who want to engage in dialogues on policies concerning them. It aims to encourage children's participation in policy debates by illustrating consultative approaches on policy issues.

7. BIBLIOGRAPHY ON INTERNATIONAL INVOLVEMENT

International and global opportunities for youth involvement can come from the United Nations, World Bank and many other organizations. Fostering connections, developing collaborations and otherwise building networks around the world, this literature has taught Freechild Institute.

Publications

1. *Guide to the Global Youth Movement* by Jonah Wittkamper for Global Youth Action Network (2002). Retrieved August 2018 at <http://youthmovement.org/guide/globalguide.htm>

When it was made, this was a comprehensive directory of youth organizations and movements from around the world.

2. *Navigating International Meetings: A pocketbook guide to effective youth participation* from the United Nations (2002) Retrieved August 2018 from <https://www.un.org/development/desa/youth/publications/2002/10/navigating-international-meetings/>

This guide gives concise information about the structure and process of United Nations meetings, looks at the different avenues available to youth for participating, and offers practical information for surviving a large meeting. The Guide also touches on important questions regarding the impact of international meetings on the local, national, and international level that every past and potential participant should consider.

3. *What Works in Youth Participation? Case Studies from around the world* by Sylvia Golombeck for International Youth Foundation (2002). Retrieved August 2018 from https://www.iyfnet.org/sites/default/files/WW_Youth_Participation.pdf

This report asks "What does participation mean in different cultures? What inhibits or encourages youth participation? How does a lack of access to technology hinder youth's ability to participate? What lessons have we learned from existing youth programs worldwide? What Works in Youth Participation is a document for policy makers, business leaders, and community practitioners, to learn about "what works" in the area of youth engagement.

4. *Meaningful Youth Participation in International Conferences* by Gail Cockburn for the Canadian International Development Agency.

This report explores the question of how to meaningfully include youth delegates in international conferences. It will be of interest to anyone attempting to involve youth in events and decision-making processes.

5. *Taking the Initiative: Promoting Young People's Involvement in Public Decision Making: International Reports* by the Carnegie Young People Initiative.

Identifies which policy and administrative infrastructure makes it possible for governments to conceptualize and implement program for young people. The main focus is on the innovative research approaches in the youth development field – the research driven youth development model. It underscores the importance of youth participation in informing policy and programming for young people, which countries featured being Barbados, Uganda, Lithuania, Portugal, Denmark, South Africa and Germany.

6. *Growing Up in an Urbanising World* by Louise Chawla for UNESCO and EarthScan (2003).

Scanning global examples of youth participation in community change, this book gives a detailed perspective of several programs, focusing on how young people are responding to increased pressures in the world around them. This book includes eight case studies that demonstrate participatory methods for genuinely giving children and youth a voice. It is intended for development, practitioner and academic communities.

7. *Standing Up for Ourselves: A Study on the Concepts and Practices of the Young People's Rights to Participation* by International Young People's Action Against Sexual Exploitation of Children for ECPAT - International Secretariat (2001).

This report documents the participation of children and young people in program and activities for themselves. It provides a guide for planning and implementing projects that involve children and young people's participation to address the issue of commercial sexual exploitation.

8. BIBLIOGRAPHY ON YOUTH PHILANTHROPY

Philanthropy, including giving money, making grants and otherwise sharing wealth for unselfish reasons, requires youth involvement in order to exist. However, too often youth are the targets of philanthropy instead of being philanthropists. The literature here supports youth involvement in philanthropy, including youth as donors, fundraisers and being otherwise involved, and has educated Freechild Institute's work in this area.

Publications

1. Engaging Youth in Fundraising by Youth Philanthropy Initiative of Indiana. Retrieved August 2018 at <https://ypin.org/wp-content/uploads/2017/06/engaging-youth-in-fundraising.pdf>

A nice summary of youth philanthropy with a lot of cool pics and a great layout. Short, easy-to-read and current.

2. A Vision for and Brief History of Youth Philanthropy by Katherine Hahn Falk and Luana G. Nissan for Association of Fundraising Professionals (2007). www.afpnet.org/files/contentdocuments/vision_and_history_of_yip.pdfBest

I appreciate the depth and breadth of this report, which goes beyond mainstream, popular approaches to youth philanthropy in large organizations by including hyper-local and culturally diverse examples.

3. Best Practices in Youth Philanthropy by Pam Garza and Pam Stevens for the Coalition of Community Foundations for Youth (2002). Retrieved August 2018 from www.centerforgiving.org/Portals/0/Best%20Practices%20in%20Youth%20Philanthropy.pdf

A broad, thorough work that identifies and interprets the lessons learned from the practice and the emerging body of research in youth philanthropy.

4. "Learning to give: Teaching philanthropy in K-12" by Kathryn Ann Agard for New Directions for Philanthropic Fundraising (2003).

This article summarizes a program in Michigan designed to infuse philanthropic giving into the K-12 curriculum throughout the state.

5. "Making the Dollars Matter: Young Philanthropists Take Up the Business of Change" by What Kids Can Do (2002). Retrieved August 2018 from

http://www.whatkidscando.org/specialcollections/student_learning/a.html?./archives/featurestories/philanthropy.html

6. White Paper: Young, Gifted and Underfunded: Strengthening the Relationship Between Philanthropy and Youth-Led Movements by Quivolve Consulting for Open Society-Baltimore. Retrieved August 2018 from <https://www.osibaltimore.org/wp-content/uploads/YoungGiftedandUnderfunded.pdf>

A Baltimore-specific study squarely positioning the city's lack of fiscal support for youth-led, youth-driven initiatives, structural barriers to youth activism, and more on philanthropists.

7. "Connections to a Cause: The Millennial Way of Charity" by Nicholas Fandos for The New York Times (2016). Retrieved August 2018 from <https://www.nytimes.com/2016/11/06/giving/connections-to-a-cause-the-millennial-way-of-charity.html>

Highlights several approaches to youth philanthropy that respond to current trends among young people, emphasizing the need for customization and new strategies.

8. "Charity's Youth Movement: Children and Teenagers Take on Nonprofit Leadership Roles" by Domenica Marchetti for The Chronicle of Philanthropy (2003). Retrieved August 2018 from <https://www.philanthropy.com/article/Charitys-Youth-Movement/188901>

Teenagers are becoming vital players in the nonprofit world by starting their own charities, sitting on grant-making boards, raising money, volunteering, and leading efforts to solve problems in their neighborhoods, schools and beyond.

9. Changing the Face of Giving: An Assessment of Youth Philanthropy by Matt Rosen and Maureen Sedonaen for The James Irvine Foundation (2009). Retrieved August 2018 from <http://yli.org/wp-content/uploads/2015/10/Changing-the-Face-of-Giving.pdf>

This study, commissioned by the James Irvine Foundation and written by the Youth Leadership Institute, examines youth philanthropy as it currently is practiced and recommends future directions for the field.

10. "High-School Senior and Peers Are a Growing Force for Philanthropy" by Debra E. Blum for The Chronicle of Philanthropy (2000). Retrieved August

2018 from <https://www.philanthropy.com/article/High-School-SeniorPeers/187003>

Charities are beginning to look to the younger generation of teenagers as a vital force in the philanthropic world as emerging programs in philanthropy around the country seek to get young people more involved—as decision makers, fund raisers or key volunteers.

11. "Young and Philanthropic: Students at a Florida High School Raise Money and Distribute Grants at Community Foundation They Run" by Susan Gray for The Chronicle of Philanthropy (1998). Retrieved August 2018 at <https://www.philanthropy.com/article/YoungPhilanthropic/182153>

Students at Pine Crest School in Ft. Lauderdale, FL are involved in what is believed to be the first community foundation founded and run by teenagers. Established in 1994, the Pine Crest Community Foundation is like any community foundation: Its leaders raise money and use it to make grants to local charities. Through this foundation, the teens are not only learning about philanthropy, but they also are getting the experience of participating first-hand in the joys of giving.

12. "Youth service fuels charity" by Sandra Cyr for the Philanthropy Journal News (2002). Retrieved August 2018 at <https://pj.news.chass.ncsu.edu/2002/11/20/53325/>

9. BIBLIOGRAPHY ON YOUTH IN PLANNING

Creating, building opportunities for action, supporting through strategy, creating curriculum and designing spaces, activities and more provides young people opportunities to be meaningfully involved in planning. Planning happens in families, communities, organizations, governments and other places. The following literature has informed Freechild Institute greatly and supports, critiques and analyzes, and uplifts this practice in many ways.

Publications

1. *Child Friendly Cities website* by UNICEF. Retrieved August 2018 at <https://childfriendlycities.org/>

The CFC website provides a powerful tool for exchanging information, sharing data and networking among partners globally. Website users can access information about the activities, objectives and methodologies of CFC projects, links with CFC partners and examples from Child Friendly Cities world-wide. Building on over 20 years of the Child Friendly Cities experience, the website and Handbook underline the importance of respecting and realizing children's rights in the development of cities and communities.

2. *Youth Voices in Community Design Handbook* by The California Center for Civic Engagement and Youth Development (2002). Retrieved August 2018 at http://www.ca-ilg.org/sites/main/files/file-attachments/resources__plugin-Youth_Voices_in_Community_Design_2004.pdf

This is a spectacular, free how-to guide on getting youth involved in local policy making and community planning. The handbook provides a step-by-step guide to youth engagement and is supported by an extensive online library of articles and activities.

3. *Creating Better Cities With Children and Youth* by David Driskell for UNESCO (2002).

This book provides examples and activities that can help young people become engaged throughout their communities. It gives youth participation a global perspective by contextualizing young peoples' engagement within an international movement for citizen engagement. The tools within this booklet cover a variety of topics.

4. *Youth Participation in Community Planning* by Barry Checkoway, Ramona Mullahey, and Yve Susskind for the American Planning Association (1999). Retrieved August 2018 at <https://www.planning.org/publications/report/9117595/>

This booklet is an early publication that provided an important initial illustration of youth action for social change. It includes successful models and methods, and proposes a national movement for change.

5. *Youth People As Competent Community Builders* by Barry Checkoway and Janet Finn for the Center for the Study of Youth Policy at the University of Michigan (1993).
6. *Children as Partners in Planning* by Lina Fajerman, Michael Jarrett, and Sutton Faye for the International Save the Children Coalition (2000).

This is a training manual aimed at childcare workers and professionals associated with Early Years Development and Childcare Partnerships. This publication is based on the series of training workshops that were piloted with Early Years Development and Childcare Partnerships. The sections in this publication include: an explanation of what consulting children involves; a choice of three training program with resources and handouts; case studies from a range of settings; activities to use with children; and information on the United Nations Convention on the Rights of the Child.

7. *Making Commitments Matter: A toolkit for young people to evaluate national youth policy* by DESA for UN Department of Economic and Social Affairs (2004). Retrieved August 2018 at <http://www.un.org/esa/socdev/unyin/untoolkit.htm>

This kit supports youth organizations to assess national youth policies and community-level achievements for young people.

8. *Inter-Agency Working Group on Children's Participation, Children as active citizens* by Inter-Agency Working Group on Children's Participation. Retrieved August 2018 at http://www.iawgcp.com/download/Children_as_AC_A4_book.pdf

This publication operationalizes children's civil rights and provides detailed information for the progressive realization of children's civil rights. There are ten priority policy themes and areas of programming for the East Asia and Pacific Region, too.

10. BIBLIOGRAPHY ON YOUTH-LED RESEARCH

Formal research requires a vigorous commitment to the scientific method. Through learning opportunities like participatory action research and more, young people can become meaningful investigators, evaluators and researchers. Following is literature supporting this practice that has taught Freechild Institute a great deal.

Publications

1. *Approaches to Conducting Action Research with Youth* edited by M. Berg and J. Schensul of the Institute for Community Research (2004).

Special Issue of the Journal of Practicing Anthropology. Covers a wide variety of topics and examples, including PAR in schools, teen health issues, international applications, and more.

2. *Youth Involvement in Evaluation and Research Brief* by Karen Horsch, Priscilla M. D. Little, Jennifer Chase Smith, Leslie Goodyear, Erin Harris, Harvard Family Research Project.
3. *Creating Community Change: Challenges and Tensions in Community Youth Research* by Maria Fernandez for the J. Gardner Center for Youth and Their Communities at Stanford University (2002). Retrieved August 2018 at <https://gardnercenter.stanford.edu/sites/default/files/Creating%20Community%20Change%20Issue%20Brief.pdf>

An issue brief that describes the promising practice of community youth research in the context of a live example in Redwood City, CA.

4. *Youth Empowerment - The Contributions and Challenges of Youth-Led Research in a High-Poverty, Urban Community* by Yolanda Anyon with Sandra Naughton for the J. Gardner Center for Youth and Their Communities at Stanford University (2003). Retrieved August 2018 at <https://gardnercenter.stanford.edu/sites/default/files/Youth%20Empowerment%20Issue%20Brief.pdf>

An issue brief that addresses the benefits and challenges of sponsoring a youth- led research project in a school where students and their friends, families, and teachers confront daily the demanding challenges posed by poverty and its attendant ills.

5. *Youth Engaged in Leadership & Learning* by the J. Gardner Center for Youth and Their Communities at Stanford University (2001). Retrieved August 2018 at http://www.whatkidscando.org/featurestories/2011/10_students_as_allies_2011/pdfs/gardnercryell_handbook.pdf

Designed help those training youth to become active contributors to decision-making processes in their community. Lessons in the handbook introduce youth to different research methods, analytical tools and presentation skills. The lessons can be adapted to meet the needs and interests of different communities, and can be facilitated by teachers and educators in school and out-of-school contexts.

6. “Involving Young People in Community Evaluation Research” by Barry Checkoway in the *Community Youth Development Journal* (2003).

An article exploring the 2002 Wingspread Conference on the same topic. Includes suggested guidelines and more.

7. *So You Want to Involve Children in Research: Supporting children’s meaningful and ethical participation in work around violence against children* by Sophie Laws and Gillian Mann for Save the Children (2004). Retrieved August 2018 from <https://www.savethechildren.org.uk/content/dam/global/reports/education-and-child-protection/so-you-want-to-involve-children-in-research.pdf>

This is one part of a series of toolkits produced by the International Save the Children Alliance. This part of the toolkit encourages meaningful and ethical participation by children in research related to violence against children. The toolkit contains two main subjects; involving children in primary and secondary research. These subjects address ways in which children can be more actively involved in research. This kit offers guidance on ways of approaching this work, on ethical issues to be considered and on techniques that can be used. It also includes case studies from around the world that draw on a rich field of participatory research with children.

8. *Empowered Voices: A Participatory Action Research Curriculum for Girls* by Institute for Community Research (2000).

This toolkit looks at achieving gender balance in schools by engaging girl students as researchers. It focuses on girls’ development, self-esteem, strengthening relationships and helping build critical thinking and problem solving skills in schools. The program is based on social learning theory and

was designed for use with Puerto Rican, African-American and Caribbean girls from at-risk neighborhoods.

11. BIBLIOGRAPHY ON YOUTH SOCIAL CHANGE

These are publications about youth activism, youth-led community organizing, young people leading social change, and more.

PUBLICATIONS

1. “The Nexxt Revolutionaries” by Shannon Service in *YES! Magazine* (2000). Retrieved August 2018 at <https://www.yesmagazine.org/issues/a-new-culture-emerges/the-nexxt-revolutionaries>

After three decades of dormancy, youth activism is again flowering. But today’s flower children are a hardy new variety. They’re economically, ecologically, and electronically sophisticated. They’re also globally organized, dead serious about democracy, and determined to have more fun than their opponents.

2. “Raza Youth Rise Up: Student Mobilizations in the 1990s” by Marisol Padilla and Juan R. Taizán (2005). Retrieved August 2018 at http://burning.typepad.com/burningman/2005/08/marisol_padilla.html

This is an account of the early 1990s mobilization of students throughout California as they fought against neoliberalism and overt political, social, educational, and economic oppression. The story is told by two young people who "cut their teeth" in activism through these efforts. It is a critical reflection that centers on the effects of youth-led organizing, and offers important lessons for all young people moved to take action.

3. *Making Space - Making Change: Profiles of youth-led and youth-driven organizations* by the Young Wisdom Project of the Movement Strategy Center, with the Youth Speak Out Coalition. Retrieved August 2018 at <http://movementstrategy.org/directory/making-space-making-change/>

This is the most important document focusing on young people and social change to come out in the last two years. It is the only available guide for understanding youth-led organizations and their place in the contemporary youth movement. This new publication follows the stories of five youth-led and youth-driven organizations from around the U.S.- how they started, build youth leadership and power, deal with challenges, and make real change in their communities. This report is for all young organizers and their allies who want to put their principles into practice and invest in the next generation!

4. *The Co/Motion Guide to Youth-led Social Change* by Alliance for Justice (1998).

Engaging youth in action! This user-friendly training manual is designed to engage young people in effective community action by giving them the tools, skills and strategies to solve problems and improve their communities. Out-of-print!

5. *Youth Rising* by Mattie Wiese for Applied Research Center (2003).

In the last decade, young people have increasingly been mobilizing around their identity as “youth,” crossing traditional race lines and issue boundaries in the process. This 128-page report offers case studies that illustrate the culture and frustrations, successes and pitfalls of on-the-ground youth organizing today, and provides a larger context for the work and offer some lessons and recommendations.

6. *Annotated Bibliography on Youth Organizing* by Social Policy Research Associates for the Funders Collaborative on Youth Organizing (2003).

Drawing upon the fields of youth development, community organizing and civic engagement, Social Policy Research Associates compiled this compendium to centralize information about the existing resources from and for the field of youth organizing. This appendix presents a digest of research and reports, reflections from the field, and youth organizing curricula and toolkits.

7. *Global Uprising: Confronting the Tyrannies of the 21st Century* by N. Welton and L. Wolf for New Society Publishers (2001).

This visually and emotionally striking book reflects the new global youth movement for peace and justice. Told through compelling personal narratives, poster art, poetry, photographs, and interviews with new and seasoned activists, *Global Uprising* captures the spirit of youth activism and honors young people's power to effect serious change. It highlights a wide-range of critical international issues and actions.

8. *Future 500: Youth Organizing and Activism in the United States* by J. Kim, M. de Dios, P. Caraballo, et al for New Mouth from the Dirty South (2002).

Features analysis of the modern youth movement, interviews with 25 young people changing the world, and profiles of 500 of the most important youth-led organizations across the country. It also includes statistics on youth

organizations, listings of youth-friendly foundations and national networks, and amazing art from the movement.

9. *Free the Children* by C. Kielburger, K. Major for Harper Perennial (1999).

This book provides insight into one young man's goal of ending children's oppression worldwide by working for children's rights. Today his organization works around the world, building schools, education families, and working for children in places where those children's voices have never been heard before.

10. *ReGeneration: Young People Shaping the Environmental Justice Movement* by Julie Quiroz-Martinez, Diana Pei Wu and Kristen Zimmerman for the Movement Strategy Center (2006). Retrieved August 2018 from <https://www.issuelab.org/resource/regeneration-young-people-shaping-the-environmental-justice-movement.html>

ReGeneration examines the powerful visions and strategies of young people in the U.S. environmental justice movement. Movement Strategy Center interviewed groups across the country, and found that youth organizers in the environmental justice movement are creating new ways to expand leadership, build intergenerational alliances, work sustainably and bridge issue areas and communities. The groups profiled in this report offer models and strategies to reinvigorate every sector of the national progressive movement.

11. *Youth Activism: A Web Forum* by the Social Science Research Council. Various authors for the Social Science Research Council. Accessed August 2018 at <https://www.ssrc.org/pages/essay-forums/>

A previous issue highlighted Transnational Activism -- young people's involvement in global justice movements that seek to influence and change the policies and practices of powerful institutions on a global level. The current issue focuses on African American Youth Activism and calls attention to young people directly facing the kinds of inequalities that global justice activism addresses -- only they address them locally, in their own schools and communities.

12. *From the Frontlines: Youth Organizers Speak* by LISTEN, Inc (2004).

Based on interviews of 52 youth organizers to understand, from their perspective, the importance and distinctiveness of the work of youth organizing.

13. *Youth-Led Community Organizing: Theory and Action* by Melvin Delgado and Lee Staples for Oxford University Press (2008).

The first comprehensive study of this dynamic field, this is a well-organized book attempts to bridge the gap between academia and practice. The authors' social justice-rooted perspective on the fields conceptual and practical foundations is an effective basis for analyzing youth-led community organizing, and offers glimpses of successful groups in action and helpful insight into how starter organizations can become stronger.

11. BIBLIOGRAPHY ON YOUTH IN SOCIETY

For years researchers and academics have pontificated about the plight and condition of young people, often without ever checking in with young people themselves to see what young people are experiencing. In order to effectively engage youth in society, we have to understand what their roles currently are, why and where they're disengaged, and what difference youth engagement can make. This literature points a light into that cave.

Publications

26. “The Roles of Youth in Society: A Reconceptualization” by Ruthann Kurth-Schai in *The Education Forum*. Paper 39. (1988) Retrieved August 2018 from <https://digitalcommons.unomaha.edu/cgi/viewcontent.cgi?article=1031&context=slcek12>

Offers a definitive analysis of the current roles of children and youth, and how they can be realigned according to necessity and empowerment.

27. *The Evolving Capacities of the Child* by Gerison Lansdown for UNICEF (2005). Retrieved August 2018 at <https://www.unicef-irc.org/publications/pdf/evolving-eng.pdf>

As children acquire enhanced competencies, there is a diminishing need for protection and a greater capacity to take responsibility for decisions affecting their lives. This study opens the discussion and promote debate to achieve a better understanding of how children can be meaningfully involved in the fulfillment of their rights.

28. *Childhood, 2nd Edition* by Chris Jenks for Routledge (2018).

This publication is a foundational text for the study of childhood standing as a distinct field within sociology and beyond. The author explores childhood as a social construct, calling readers attention to the effect, impact and considerations that make childhood exist as a phenomenon. Rather than simply being adults-in-the-making, Jenks emphasizes the need to see young people as who they are for their importance and necessity throughout society.

29. *Children: Noble Causes or Worthy Citizens?* by Karl Eric Knutsson for Routledge and UNICEF.

This book is part of ongoing efforts aimed at changing the discourse on children and strengthening the theoretical, ethical and political arguments for taking children seriously. It asks fundamental questions about the perceptions we have of children and childhood and about ways these perceptions emerge to influence and shape our assumptions, preferences and choices concerning children. The book is divided into two parts. The first part examines cultural and social variations in perceptions concerning children, and the second part draws on conclusions from the analysis. Finally, the author proposes practical lessons that may be learned from the debate about children.

30. “What is youth participation?” by Barry Checkoway for *Children and Youth Services Review* Volume 33, Issue 2 (2011).

In this article, Checkoway provides a straight-forward, accessible examination of what youth participation is from an international context, situating the United States applications of youth involvement and youth engagement within a larger framework.

31. *The Abandoned Generation: Democracy Beyond the Culture of Fear* by Henry Giroux for Palgrave (2003).

Giroux continues his critique of the US political control and popular culture 's influence on the lives of young people. Giroux powerfully argues that there's a war on in the US these days - against young people. This book makes the roles of youth central to politics and democracy itself by clearly linking the crisis of youth to the crisis of democracy. A powerful analysis.

32. *The Disappearance of Childhood* By Neil Postman for Vintage/Random House (1994).

This book analyzes society's perceptions of children over the last century, making a sharp case that we see young people as less valuable than ever before. Minimized in their roles through commercialism and cynicism, children and youth today face the death of democracy in a deliberate way.

33. *The Hip Hop Generation: Young Blacks and the Crisis in African American Culture* by Bakari Kitwana for Civitas Books (2003).

Instead of merely citing statistics and compounding the case against society's treatment of African American youth today, the author proposes practical, meaningful action to rebalance the injustice in society today.

34. *The Scapegoat Generation: America's War on Youth* by Mike Males for Common Courage Press (1996).

An inspirational, motivational report on the actual status of American youth in the 1990s, this book debunks popular myths about drugs, sex, violence, education and other supposed crises facing society. Instead, it shows through practical statistics and powerful data sources that the youth are more than okay—they're thriving, no matter what popular media and politicians say. This is a powerful book.

35. *Parenting for Social Change* by Teresa Graham Brett for Social Change Press (2011).

Although titled for adults, this book is squarely positioned for the benefit of society by engaging children and youth. The author calls out harmful cultural messages adults perpetuate in their relationships with children, and challenges readers to aspire to better, deeper and more engaging relationships with their kids.

36. *Holistic Health in Children: Conceptualization, Assessment and Potential* by Valerie Michaelson, Nathan King, William Pickett for (2017)

This book presents the results of the Canadian Holistic Health in Children project and addresses some novel thinking surrounding the assessment of health and its determinants in adolescent populations. It fills a gap by conducting a series of analyses in a mixed methods paradigm. A powerful, comprehensive study that helps me understand the breadth of understanding available.

12. BIBLIOGRAPHY ON YOUTH RIGHTS

Across the US and around the world young people are speaking up through writing to find out more about their rights and call for recognition and demand equal rights.

Publications

1. Youth Liberation of Ann Arbor: Young, Gifted and Media-Savvy by Mike Mosher (2000). Retrieved August 2018 at <https://bad.eserver.org/youth-liberation-ann-arbor-young-gifted-and-media-savvy>

"In Ann Arbor (MI) in the 1970's... ageism was critiqued as an institutional force of oppression akin to racism or sexism. Kids were a hot topic, not only because they were controlled by institutions in which they had no say but also because they often had the energy and gumption to combat it." This is a long history of a historically important organization from the 1960s called Youth Liberation, based in Ann Arbor, Michigan.

2. As Soon As You're Born, They Make You Feel Small: Self-Determination for Children by Wendy Ayotte.

A classic collection of liberation articles for kids. From theory, to motherhood, to school, to resistance, and beyond. A vital introduction to a largely ignored topic that rails against child abuse, corporal punishment, gender stereotypes, discriminatory language (ie, "childish"), lack of money, state intervention, exclusion from work, harmful toys, school, and more.

3. The Teenage Liberation Handbook: How To Quit School and Get a Real Life and Education by Grace Llewelyn for Lowry House Publishers (1998).

This book declares its, "Your life, time, and brain should belong to you, not to an institution." An essential primer for youth and adults on how to de-school yourself, this book is filled with details on all the issues surrounding it including the legal implications, dealing with adults and learning once outside school. In the final section it includes stories about what people have done with their lives when not constrained by the educational system.

4. *Youth Rights and Responsibilities: A Handbook for North Carolina's Youth* by the N.C. Department of Administration and Youth Advocacy and Involvement Office (1999).

The book consists of 163 questions and answers about young North Carolinians' legal rights in these areas: school, work, money, transportation, health, controlled substances, abuse and neglect, the criminal justice system, parenting, emancipation, marriage, and citizenship.

5. "Children's Rights and Responsibilities" by UNICEF (2010) Retrieved August 2018 at https://www.unicef.org/rightsite/files/rights_leaflet.pdf
6. *Escape from Childhood: The needs and rights of children* (1974).

Addressing the wide swath of experiences throughout American society, education pioneer John Holt proposes that children and youth have specific rights and need them recognized in order to celebrate the full abilities of young people. His broad thesis is that childhood needs to transform, and he shares specific and relevant ways that can happen.

13. BIBLIOGRAPHY ON ADAM FLETCHER

Adam Fletcher has led Freechild Institute since 2001, and has written many publications for the organization. Following are booklets, monographs and more.

PUBLICATIONS

1. *Student Voice Revolution: The Meaningful Student Involvement Handbook* by Adam Fletcher for CommonAction Publishing (2017)

Student Voice Revolution: The Meaningful Student Involvement Handbook is Adam Fletcher's masterful guide focused on student voice, student engagement, student/adult partnerships, and more. The research, examples and experience shared in this work can help educators everywhere engage all students in every school as partners in every facet of education for the purpose of strengthening their commitment to learning, community, and democracy.

2. *The Practice of Youth Engagement* by Adam Fletcher for CommonAction Publishing (2014)

Essential lessons, powerful examples and deep insight for newcomers and longtime practitioners. Diving into the meaning, activities and outcomes of youth engagement, it provides slicing analysis and strong tips.

3. *Facing Adulthood* by Adam Fletcher for CommonAction Publishing (2015)

Summarizing a list of downfalls in modern society's approach to teaching, parenting, and treating children and youth, this book offers new ways adults can stop their negative attitudes and behaviors towards young people.

4. *SoundOut Student Voice Curriculum* by Adam Fletcher for SoundOut (2012)

A collection of twenty-seven lesson plans, a facilitator's guide, a student handbook and an evaluation guide designed to teach high school students about how they can become partners in changing schools.

5. *The Guide to Student Voice, 2nd Edition* by Adam Fletcher for CommonAction Publishing (2014).

With a professional, easy-to-read layout, this short book is packed with useful tips, powerful activities, and great guidance for anyone interested in student voice today!

6. *The Freechild Project Youth-Driven Programming Guide* by Adam Fletcher for CommonAction Publishing (2013)

This is an introduction to youth-driven programming for nonprofits, government agencies, and other youth-serving organizations. The booklet gives a definition and compares approaches, and then provides planning tools, evaluations and assessments, and more. It includes the Ladder of Youth Voice, rubrics for assessing youth-driven programming, and links to examples and resources that readers can explore on their own.

7. *School Boards of the Future: A Guide to Students as Education Policy-Makers* by Adam Fletcher for CommonAction Publishing (2014)

A manual highlighting examples, tips, promotional information and resources, as well as steps to implement student involvement. It also provides state-by-state profiles of students on school boards across the United States.

8. *The Freechild Project Youth Mainstreaming Guide* by Adam Fletcher for CommonAction Publishing (2016) Retrieved August 2018 at <https://freechild.org/wp-content/uploads/2016/01/FPYEWG.pdf>

Based on a wealth of experience and research, this guide provides a succinct summary of the deepest route youth involvement can take in organizations, including tips, actions, recommendations, and more.

9. *The Guide to Meaningful Student Involvement* by Adam Fletcher for SoundOut (2014) Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/05/The-Guide-to-Meaningful-Student-Involvement.pdf>

Highlighting a practical framework, important considerations, and real-world examples, this Guide is all about engaging students throughout education. Recommended for anyone interested in student voice, student empowerment, student engagement, or building community in schools.

37. *SoundOut Guide to Students on Canadian School Boards* by Adam Fletcher for SoundOut (2015). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/06/SoundOutGSOCSB.pdf>

Policies, tips and examples of student trustees, student representatives and student members of school boards across Canada.

38. *Meaningful Student Involvement Deep Assessment* by Adam Fletcher for SoundOut (2013). Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2013/04/2013SoundOutMSIAssessment.pdf>

A series of open questions are for individuals or groups to study where and how Meaningful Student Involvement occurs in a school or educational organization. Focused on motivation and culture, it features student and adult readiness, relationships, action, rigor and relevance, sustainability, barriers, and action evaluations.

39. *SoundOut Student Engagement Conditions Assessment* by Adam Fletcher for SoundOut (2010). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/07/SoundOutSECE.pdf>

An intensive, open-ended assessment designed to guide groups through basic, critical and advanced conversations about student engagement in schools. Good for small group or class projects.

40. *Meaningful Student Involvement Planning Guide* by Adam Fletcher for SoundOut (15 pgs, 2010). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/02/MSIPlanningGuide-LONG.pdf>

Key questions providing opportunities for projects, programs and classes to develop and sustain student/adult partnerships.

41. *Guide to Cooperative Games for Social Change* by Adam Fletcher for The Freechild Project (20 pgs, 2005). Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2014/01/gamesguide.pdf>

An introductory guide for young people, youth workers, teachers, and others interested in making social change engaging and relevant to all participants.

42. *Meaningful Student Involvement Resource Guide* by Adam Fletcher for SoundOut (35 pgs, 2003). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/03/MSIResources.pdf>

This guide provides descriptions and annotations for dozens of publications, toolkits, organizations, and websites that support student voice throughout education.

43. *Meaningful Student Involvement Research Guide* by Adam Fletcher for SoundOut (36 pgs, 2004). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/03/MSIResearch.pdf>

This booklet can give advocates a “leg up” in their research needs by illustrating the breadth of research available about engaging student voice throughout education. This Guide highlights 14 research studies and includes a useful listing of research available.

44. *Stories of Meaningful Student Involvement* by Adam Fletcher for SoundOut (40 pgs, 2004). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/03/MSIStories.pdf>

A collection of examples of meaningful student involvement in action in schools. These anecdotes illustrate various approaches to engaging student voice in school by exploring the applications of engaging students throughout education in dozens of diverse schools.

45. *Meaningful Student Involvement: Guide to Students as Partners in School Change* by Adam Fletcher for SoundOut (28 pgs, 2005). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/2015/06/MSIGuide.pdf>

Highlighting a practical framework, important considerations, and real-world examples, this Guide is all about engaging students throughout education. Recommended for anyone interested in student voice, student empowerment, student engagement, or building community in schools.

46. *Student Voice and Bullying: A SoundOut Focus Paper* by Adam Fletcher for SoundOut (10 pgs, 2012). Accessed August 2018 at <https://soundout.org/bullying-and-student-voice/>

This short paper the connections between student voice and bullying, including the roots, the implications, and the outcomes.

47. *The Freechild Project Youth Action Guide* by Adam Fletcher for The Freechild Project (52 pgs, 2013). Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2013/04/TFPYAG.pdf>

A publication created to promote taking practical actions to change the world. Includes quick, easy reading that can help young people or adults think about how to find what needs to change, create programs to make that change happen, and promote Youth Action throughout their communities.

48. *A Short Introduction to Youth Engagement* by Adam Fletcher for The Freechild Project (22 pgs, 2013). Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2014/09/ASIYE.pdf>

A short introduction to the broad concept of youth engagement that moves beyond seeing young peoples' connectedness as something adults cause, and towards acknowledging it as something young people naturally do. Answers the essential questions of what, how, when, and where youth engagement happens.

49. *A Short Introduction to Youth Engagement in the Economy* by Adam Fletcher for The Freechild Project (81 pgs, 2015). Retrieved August 2018 at <https://freechild.org/wp-content/uploads/2016/01/TFPYEE.pdf>

This guide is a collection of essays addressing youth employment, youth entrepreneurship, youth training, youth banking, youth programs, school classes and other activities designed to promote youth engagement in the economy.

50. *A Short Introduction to Youth Rights* by Adam Fletcher for The Freechild Project (14 pgs, 2014) Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2013/04/ASIYR.pdf>

An easy-to-read booklet highlighting the basics of youth rights for adults and young people. Includes a glossary, resources, and more.

51. *Guide to Students on School Boards 2nd Edition* by Adam Fletcher for SoundOut (14 pgs, 2014). Retrieved August 2018 at <https://soundout.org/wp-content/uploads/edd/2015/01/SoundOut-Guide-to-Students-on-School-Boards-2nd-Edition.pdf>

A short how-to focused on roles for students on boards of education at the local and state levels. Includes tips, legal info, resources, and more.

52. *A Short Guide to Holistic Youth Development* by Adam Fletcher for The Freechild Project (28 pgs, 2014). Retrieved August 2018 at <https://adamfletcher.net/wp-content/uploads/2014/01/ASGTHYD.pdf>

This is the first easy-to-read publication ever written about this vital topic. Youth, youth workers, and others will benefit from reading this powerful, positive approach to working with young people.

53. *The Freechild Project Youth Voice Toolkit* by Adam Fletcher for The Freechild Project (105 pgs, 2011).

Comprised of a series of one- and two-page entries, each tool here identifies practices, practical considerations and critical concepts that are focused on engaging Youth Voice, particularly among historically disengaged young people.

10. *The Freechild Project Youth Engagement Workshop Guide* by Adam Fletcher for The Freechild Project (71 pgs, 2010). Retrieved August 20018 at <https://freechild.org/wp-content/uploads/2016/01/FPYEWG.pdf>

Twenty-four hands-on, interactive workshop outlines that youth and adults can use to teach youth or adults about how to successfully engage young people. Workshops focus on skill-development affecting leadership, voice, and engagement, including workshops on communication, planning, and other topics.

54. *Washington Youth Voice Handbook* by Adam Fletcher for CommonAction Publishing (102 pgs, 2007). Retrieved August 20018 at <https://adamfletcher.net/wp-content/uploads/2013/04/abbreviatedWYVH.pdf>

An introductory guide that lays out what, why, who, when, where, and how youth voice happens in diverse communities across Washington State. The handbook includes a Youth Voice Assessment, the Washington Youth Voice Directory, and a resource section.

55. *The Freechild Project Guide to Social Change Led By and With Young People* by Adam Fletcher for The Freechild Project (17 pgs, 2007). Retrieved August 20018 at <https://digitalcommons.unomaha.edu/cgi/viewcontent.cgi?article=1024&context=slceguides>

Centering on the “Cycle of Youth Engagement,” this publication is a summary of the social change issues and actions addressed by and with young people around the world.

56. *Meaningful Student Involvement Idea Guide for Schools* by Adam Fletcher for SoundOut (13 pgs, 2003). Retrieved August 20018 at <https://soundout.org/wp-content/uploads/2015/06/2015MSIIdeaGuideSoundOut.pdf>

A short summary of practical, powerful, and positive ways to engage students as partners throughout the education system. Drawing examples from

research and experience, it shares ideas for educators who want to try to meaningfully involve students.

57. *Firestarter Youth Empowerment Participant Guidebook* by Adam Fletcher for The Freechild Project (2001).

A hands-on guide to youth engagement in social change. Includes sections on motivation, skill-building, issue awareness, action planning, and resources.

58. *Firestarter Youth Empowerment Facilitator's Guide* by Adam Fletcher for The Freechild Project (2001).

A guide for youth and adult facilitators to the activities used in the Firestarter Program.

59. *Parent Youth Engagement Seminar* by Adam Fletcher for Freechild Institute for Youth Engagement (2018)

More than 25 workshops designed to teach youth and parents to work together at home for youth/parent partnerships, youth voice and more.

60. *Freechild Youth Action Program* (2018) by Adam Fletcher for Freechild Institute for Youth Engagement.

Youth-led community building is taught in eight units with a total 24 workshops that are at least 50 minutes long each. Beyond the first two units examining Youth Engagement and Social Change, each unit is self-standing, meaning facilitators can pick and choose which units they would like to use without fear of missing critical content. Worksheets and a facilitator's guide are included.